

**EXPERT MEETING  
TO DRAFT  
FIVE NEW TEACHING LETTERS**

**Thursday April 2 – Tuesday April 7, 1998  
Capri, Italy.**

*Organisation:* Prof. A. Maldonato,  
Dr Donatella Bloise, Dr Alessandra Baldelli.

*Secretariat:* Ms Mayta Munson, Dr Giada D'Angiolini.

La Sapienza University, Institute Clinica Medica 2  
Policlinico Umberto I, 00161 Roma (Italy)

**PROGRAM**

**Thursday, 2 April 1998**

Afternoon: Arrival

20.00 - Welcome dinner

**Friday, 3 April 1998**

8.30 Introduction

*10.30 Coffee break*

10.45 The state of the art of the DESG  
and the T.L. *Aldo Maldonato*

11.30 Use and misuse of the Teaching  
Letters (Group work)

*12.30 Lunch (buffet)*

14.30 Planning 5 new Teaching Letters

15.00 First outline of the T.L.  
(Work in groups: *Metaplan*)

*16.30 Coffee break*

16.45 Discussion of the first outline  
(Plenary)

*20.00 Dinner*

**Saturday, 4 April 1998**

8.30 Bio-psycho-social approach to  
chronically ill patients.  
*Adriaan Visser*

9.30 First draft of the T.L. (Work in  
groups: *Metaplan* or Computers)

*10.30 Coffee break*

10.45 Continuation the first draft

*12.30 Lunch (buffet)*

14.30 Discussion of the first draft  
(Plenary)

*16.30 Coffee break*

16.45 Second draft of the T.L.  
(Work in groups: computers)

*20.00 Dinner*

## **Sunday, 5 April 1998**

- 8.30 Excursion:
1. Two-hour walk to Monte Solaro (550 mt) - free
  2. Visit the Grotta Azzurra and boat tour of the island - cost Lit. 35,000.

*12.30 Lunch (buffet)*

- 14.30 Active listening as the basis for an effective helping relationship.  
*Alberto Zucconi*  
(Demonstration, laboratory, group discussion)

*16.30 Coffee break*

- 16.45 How to design a winner/ winner relationship.  
*Alberto Zucconi*  
(Demonstration, laboratory, group discussion)

*20.00 Dinner*

## **Monday, 6 April 1998**

- 8.30 Control mechanisms:  
Understanding and helping understand.  
*Aldo Maldonato*

- 9.00 Third draft of the T.L.  
(Work in groups: computers)

*10.30 Coffee break*

10.45 Plenary

*12.30 Lunch (buffet)*

- 14.30 Final version of the T.L. (Groups)

*16.30 Coffee break*

- 16.45 Final reading of the T.L. (Plenary)

*20.00 Dinner*

## **Tuesday, 7 April 1998**

- 8.30 The future of the DESG

***10.30 End of the workshop***

### **With the participation of:**

- |                        |  |
|------------------------|--|
| <b>Adriaan Visser</b>  | Psychologist, Helen Dowling Instituut voor Biopsychosociale Geneeskunde, Rotterdam (The Netherlands) |
| <b>Alberto Zucconi</b> | Psychologist, Istituto per l'Approccio Centrato sulla Persona, Rome (Italy)                          |
| <b>Aldo Maldonato</b>  | MD, Diabetologist, Diabetes Unit, Institute Clinica Medica 2, La Sapienza University, Rome (Italy)   |