

THERAPEUTIC PATIENT EDUCATION
THE CHALLENGE OF DIABETES MANAGEMENT

Saturday April 10 – Friday April 16, 1999
Hotel La Residenza, Capri, Italy.

Organisation: Prof A. Maldonato, Dr A. Baldelli, Dr D. Bloise
Dr Giada D'Angiolini, Mr Federico Mordenti

Secretariat: Ms Margaret Algermissen

La Sapienza University, Dept. Clinical Science (Institute Cl. Medica 2)
Policlinico Umberto I, 00161 Rome (Italy)

PROGRAM

Saturday, 10 April 1999

Afternoon: Arrival

19.00 *Welcome reception*

20.00 *Dinner (in your respective Hotels)*

Sunday, 11 April 1999

8.30 Introduction

9.00 Current ethical issues of chronic medicine: clinical effectiveness; patient's auto-determination; social appropriateness. *Sandro Spinsanti*

9.30 Work in groups (Metaplan)

10.30 *Coffee break*

10.45 Work in groups: Role-playing

12.30 *Lunch (buffet, at La Residenza)*

14.30 Good medicine or client's satisfaction. *Sandro Spinsanti*

15.00 Work in groups (Metaplan)

16.15 *Coffee break*

16.30 Work in groups. Plenary.

18.30 *Conclusion*

20.00 *Dinner*

Monday, 12 April 1999

8.30 Risks for the asthmatic patient and benefits of therapeutic education. *Dagmar Rinnenburger*

10.30 *Coffee break*

10.45 The selection of topics to be learnt by patients. Work in groups.

12.30 *Lunch (buffet)*

13.30 Excursion

1. Two-hour walk to Monte Solaro (550 mt) – free
2. Visit to the *Blue Grotto* and boat tour of the island: cost L. 35,000.

20.00 *Dinner*

Tuesday, 13 April 1999

8.30 Health beliefs and health-related behaviours. *Ilario Rossi*

10.30 *Coffee break*

10.45 Work in groups (Metaplan)

12.30 *Lunch (buffet)*

(Cont.)

Tuesday, 13th (cont.)

- 14.30 The consideration of health beliefs in daily routine practice. *Ilario Rossi*
16.30 *Coffee break*
16.45 Work in groups. Plenary
18.30 *Conclusion*
20.0 *Dinner*

Wednesday, 14 April 1999

- 8.30 Psychological factors in the motivation to treat oneself and others. *Paolo Gentili*
9.00 Work in groups: Metaplan
10.30 *Coffee break*
10.45 Plenary
12.00 How to use patients' motivation in our clinical practice. *Paolo Gentili*
12.30 *Lunch (buffet)*
14.30 Work in groups
16.15 *Coffee break*
16.30 Plenary
18.30 *Conclusion*
20.00 *Dinner*

Thursday, 15 April 1999

- 8.30 The WHO-Euro Report on Training in Therapeutic Patient Education. *Aldo Maldonato*
9.30 Experiential learning: difficulty of facing a new task.
10.30 *Coffee break*
10.45 Experiential learning: difficulty of facing a new task.
12.30 *Lunch (buffet)*
14.30 How HCPs are trained in TPE in our countries.
15.30 Work in groups
16.30 *Coffee break*
16.45 Work in groups
18.30 *Conclusion*
20.00 *Farewell pizza party*

Friday, 16 April 1999

- 8.30 How to implement the WHO-Euro Report in our Countries: the role of the DESG.
10.30 *Coffee break*
10.45 Work in groups
11.45 Conclusions
12.30 *End of the workshop*

With the participation of:

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| Paolo Gentili | MD, Psychiatrist and Psychologist, La Sapienza University, Rome |
| Ilario Rossi | Antropologist, Lausanne University, Lausanne, Switzerland |
| Dagmar Rinnenburger | MD, Pneumologist, S. Lucia Hospital, Rome |
| Sandro Spinsanti | Bioethicist, Editor, L'Arco di Giano - Journal of Medical Humanities, Director Giano Institute, Rome, Italy |