

**DESG–SERVIER PARTNERSHIP MEETING**  
***The DESG Basic Curriculum for Health Professionals***  
***on Diabetes Therapeutic Education***

Within the framework of "STEP" (*Spreading Therapeutic Education Programs*)

**17-23 March 2001**

**Grand Hotel Villa Tuscolana**  
**Via del Tuscolo km 1.5, Frascati (Rome)**  
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*Chairs:* Dr Aldo Maldonato (Rome), Dr Alain Golay (Geneva)

*Organisation:* Dr Donatella Bloise, Dr Alessandra Baldelli  
Dr Giada D'Angiolini, Dr Federico Mordenti (Rome)

*Scientific Secretariat:* La Sapienza University, Dept. Clinical Sciences  
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## **PROGRAM**

### **Saturday, 17 March 2001**

Afternoon: Arrival

19.00 *Welcome reception*

20.00 *Dinner*

11.30 Plenary session on group works

12.00 **Presentation of the DESG Curriculum** *A.Maldonato*

12.30 *Lunch (buffet)*

14.30 **Quest for health: ways and degrees for acute and chronic patients**

*S. Spinsanti*

Group work (Role playing): Different approaches of HCPs and patients

16.30 *Coffee break*

16.45 Group work (Metaplan): Difficulties in long-term follow-up

18.30 Formative evaluation

20.00 *Dinner*

### **Sunday, 18 March 2001**

8.30 Introduction: Presentation of participants.  
The DESG-Servier Partnership: outline of the STEP project.  
*O.Kirst, A.Maldonato*

9.30 Group work: Participants' previous experience in TPE: difficulties and resources (Metaplan)

10.30 *Coffee break*

10.45 Group work: expectations from this workshop (Metaplan)

## Monday, 19 March 2001

- 8.30 **Spontaneous attitudes of HCPs**  
*A. Golay*
- 10.30 *Coffee break*
- 10.45 **Active listening and the barriers to communication** *A. Maldonato*  
**Reformulation** *A. Golay*
- 12.30 *Lunch (buffet)*
- 14.30 **To understand my personality**  
*A. Golay*
- 16.30 *Coffee break*
- 16.45 **Different approaches for different personalities** *A. Golay*
- 18.30 *Formative evaluation*
- 20.00 *Dinner*

## Tuesday, 20 March 2001

- 8.30 **Team building, organisation of care**  
*S. Spinsanti*
- 9.00 *Work in group (Metaplan)*
- 10.30 *Coffee break*
- 10.45 **Experiential learning...**  
*Work in team or fail*
- 12.30 *Lunch (buffet)*
- Free afternoon*
- Excursion to Rome*
- 18.30 *Formative evaluation*
- 20.00 *Dinner*

## Wednesday, 21 March 2001

- 8.30 **Impact of diabetes on the social environment** *A. Golay*
- 10.30 *Coffee break*
- 10.45 **Quality of Life and diabetes**  
*A. Maldonato*

- 12.30 *Lunch (buffet)*
- 14.30 **Inquiry on the educational needs of HCPs** *D. Bloise, A. Baldelli*
- 16.15 *Coffee break*
- 16.30 **Planning activities "at home" (Step 3)**
- 18.30 *Formative evaluation*
- 20.00 *Dinner*

## Thursday, 22 March 2001

- 8.30 **Clowns in medicine**  
*C. Simmonds, P. Blankevoort*
- 10.30 *Coffee break*
- 10.45 **The courage to change.**  
*Learning to adopt new attitudes.*
- 12.30 *Lunch (buffet)*
- 14.30 **Report of national/regional planned activities** (Poster presentation)
- 16.30 *Coffee break*
- 16.45 **The evaluation of knowledge, skills and behaviours.** *A. Maldonato*  
*Work in groups: Building follow-up and evaluation of future national courses (Metaplan)*
- 18.30 *Formative evaluation*
- 20.00 *Farewell dinner*

## Friday, 23 March 2001

- 8.30 **Summary of the workshop** *A. Golay*
- 9.30 *Future steps*
- 10.30 *Coffee break*
- 11.00 *Formative evaluation*  
*Evaluation of the course by participants*  
*Suggestions for the future*
- 12.30 **End of the workshop**

## **LECTURERS**

Aldo Maldonato, MD, La Sapienza University, Rome  
President, the Diabetes Education Study Group, and the COM.E.T.

Alain Golay, MD, University of Geneva, Medical School, Geneva  
Division of Therapeutic Education for Chronic Diseases

Sandro Spinsanti, bioethicist, expert in health care management, Rome  
President, Giano Institute. Editor, *Janus*, *Medicine: culture, cultures..*

Caroline Simmonds\*, Pina Blankevoort, clowns, Paris  
\*Founder and president, *Le Rire Medecin*.

## **FACILITATORS OF INTERACTIVE SESSIONS**

Arun Baksi (U.K), Eva M. Baumer (Austria), Francois Bonnici (South Africa), Anne M. Felton (U.K.), Adriana Forti (Brasil), Joseph Fövényi (Hungary), Maria R. Gallego (Portugal), Ilana Harman-Boehm (Israel), Valerio Miselli (Italy), Fred Storms (The Netherlands), Godfrey Xuereb (Malta)

## **ORGANIZING SECRETARIAT**

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