

DESG–SERVIER PARTNERSHIP MEETING
***The DESG Basic Curriculum for Health Professionals
on Diabetes Therapeutic Education***

Within the framework of "STEP" (*Spreading Therapeutic Education Programs*)

16-22 March 2002

Grand Hotel Villa Tuscolana
Via del Tuscolo km 1.5, Frascati (Rome)
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Chairs: *Dr Aldo Maldonato (Rome), Dr Pesach Segal (Tel Hashomer)*

Organisation: *Dr Donatella Bloise, Dr Alessandra Baldelli, Dr Federico Mordenti*

Scientific Secretariat: *Dept. Clinical Sciences, La Sapienza University,
Rome (Italy)*

PROGRAM

Saturday, 16 March 2002

Afternoon: Arrival

19.00 *Welcome reception*

20.00 *Dinner*

11.30 Plenary session on group works

12.00 **Presentation of the DESG Curriculum** *A.Maldonato*

12.30 *Lunch (buffet)*

Sunday, 17 March 2002

8.30 Introduction: Presentation of participants.
The DESG-Servier Partnership:
outline of the STEP project.
B.Zmigrodzki, A.Maldonato

9.30 Group work: Participants' previous experience in TPE: difficulties and resources (Metaplan)

10.30 *Coffee break*

10.45 Group work: expectations from this workshop (Metaplan)

14.30 **Emotional intelligence and diabetes care** *A. Maldonato*

15.00 Work in group (Metaplan)

16.30 *Coffee break*

16.45 **Experiential learning...**
Work in team or fail

18.30 Formative evaluation

20.00 *Dinner*

Monday, 18 March 2002

- 8.30 **Acute vs chronic disease. The integrated bio-psycho-social approach** *P. Segal*
Group work (Role playing): Different approaches of HCPs and patients
- 10.30 *Coffee break*
- 10.45 Group work (Metaplan): Difficulties in long-term follow-up
- 12.30 Formative evaluation
- 12.45 *Lunch (buffet)*

Excursion to Rome

- 20.00 *Dinner in Rome, (restaurant Sacro e Profano)*

Tuesday, 19 March 2002

- 8.30 **Active listening and the barriers to communication** *A. Maldonato*
- 10.15 *Coffee break*
- 10.30 **Spontaneous attitudes of HCPs**
A. Golay
Practice in reformulation
- 12.30 *Lunch (buffet)*
- 14.30 **To understand my personality**
A. Golay
- 16.30 *Coffee break*
- 16.45 **Different approaches for different personalities** *A. Golay*
- 18.30 Formative evaluation
- 20.00 *Dinner*

Wednesday, 20 March 2002

- 8.30 **Inquiry on the educational needs of HCPs** *D. Bloise, A. Baldelli*
- 10.15 *Coffee break*
- 10.30 **Planning activities "at home" (Step 3)**
- 12.30 *Lunch (buffet)*

- 14.30 **Non-verbal communication**
V. Di Bonaventura
Practice
- 16.30 *Coffee break*
- 16.45 **Public speaking, lecturing**
V. Di Bonaventura
Practice
- 18.30 Formative evaluation

Free evening

- 20.00 *Dinner (at hotel or in Rome)*

Thursday, 21 March 2002

- 8.30 **The art of acting**
V. Di Bonaventura
- 10.30 *Coffee break*
- 10.45 **The courage to change.**
Learning to adopt new attitudes.
- 12.30 *Lunch (buffet)*
- 14.30 **Report of national/regional planned activities** (Oral or Poster presentation)
- 16.30 *Coffee break*
- 16.45 **The evaluation of knowledge, skills and behaviours.** *A. Maldonato*
Work in groups: Building follow-up and evaluation of future national courses (Metaplan)
- 18.30 End of the day
- 20.00 *Farewell Party*

Friday, 22 March 2002

- 8.30 **Summary of the workshop** *P. Segal*
- 9.30 *Future steps*
- 10.30 *Coffee break*
- 11.00 Evaluation of the course by participants
Suggestions for the future
- 12.30 **End of the workshop**

LECTURERS

Vincenzo Di Bonaventura, Actor and Acting Teacher, S.Benedetto del Tronto (AP), Italy
Founder, *Teatrodue*.

Alain Golay, MD, University of Geneva, Medical School, Geneva, Switzerland
Division of Therapeutic Education for Chronic Diseases

Aldo Maldonato, MD, La Sapienza University, Rome, Italy
President, the Diabetes Education Study Group, and the COM.E.T.

Pesach Segal, MD, Chaim Sheba Medical Centre, Tel-Hashomer, Israel
Vice-president, the Diabetes Education Study Group

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